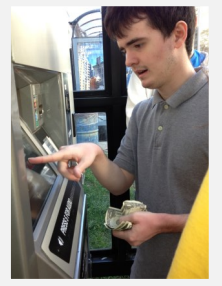


## SOAR

**SOAR** is a specially designed transition program for students with Asperger's Syndrome, anxiety disorders and related diagnoses.



The goal of SOAR is to assist students in transition to college and the world of work and to support students in becoming confident contributing members

of society.

**The SOAR Program** is located on the campus of Salem State University. Students will experience the benefits of campus life while learning life and career skills such as travel training, organization, study skills, and social functioning.



The program is geared toward students 18-22 years of age who are motivated to prepare for the next level of independence on a college campus or in the work force.

## PROGRAM COMPONENTS

- Life skills (contact with parents, student, and school)
- Curriculum (self awareness, self-disclosure, self advocacy)
- Time management
- Physical education (self-calming, self-regulation, yoga)
- Study skills (test preparation)
- Class etiquette (how to speak with different levels/relationships, etc.)
- Group skills
- Negotiating (compromising skills teaching brain function, language)
- Transportation
- Leisure
- Social skills (dating, roommates, hygiene)
- Vocational

## REFERRAL PROCESS

**Please send a referral package including:**

- Currents IEP
- Recent testing
- Other pertinent information

### **TO:**

SOAR Program  
Ellen Heald  
Program Director

Enterprise Center @SSU  
121 Loring Avenue  
Salem, MA 01970

**For more information call or email**

**Ellen Heald at:**  
978.476.2866 (cell)  
978.408.6195  
Email: [ehaald@nsedu.org](mailto:ehaald@nsedu.org)

**For more information about Northshore Education Consortium, please contact:**

Francine Rosenberg, Executive Director  
Northshore Education Consortium  
112 Sohier Road, Beverly, MA 01915  
Phone: 978.232.9755 ext. 1253  
Fax: 978.232.9449  
Email: [frosenberg@nsedu.org](mailto:frosenberg@nsedu.org)  
**Website: [www.nsedu.org](http://www.nsedu.org)**



In an ideal world the scientist should find a method to prevent the most severe forms of autism, but allow the milder forms to survive. After all, the really social people did not invent the first stone spear. It was probably invented by an Aspie who chipped away rocks while the other people socialized around the campfire. Without autism traits we might still be living in caves.

**Temple Grandin**



## Northshore Education

### Consortium

The Northshore Education Consortium supports its eighteen member districts by providing high quality, cost effective public programs support services and resources to ensure meaningful and successful learning experience for a wide spectrum of students and staff. The Consortium will be a leader in influencing the development of public policy and building coalitions between and among districts in the Commonwealth and solving the challenges faced.

Northshore Education Consortium

112 Sohier Road

Beverly, Massachusetts 01915

Phone: 978.232.9755

[Www.nsedu.org](http://www.nsedu.org)

## SOAR P<sub>ro</sub>gram



## On the Campus of Salem State University

### A Program of



NORTHSHORE  
EDUCATION  
CONSORTIUM