



Family & Professional Learning Center
at Northshore Education Consortium

LENDING LIBRARY

Adult Books

(Revised 5/2014)

ADOPTION

Adoption and Ethics
Attaching in Adoption
Keys to Parenting an Adopted Child
The Whole Life Adoption Book

Child Welfare League
Gray, Deborah
Lancaster, Kathy
Schooler, Jayne

ADHD

ADD and ADHD Answer Book
ADHD and Autism Cookbook: The Ultimate Guide to the Gluten Free, Casein-Free Diet*
Teenagers wit ADHD
Different...Not Less*
Delivered from Distraction
Driven to Distraction
From Chaos to Calm
The Gift of ADHD
Kids in the Syndrome Mix of ADHD, LD, Asperger, Tourette, Bipolar and More*
The ADD Answer: How to Help Your Child Now
Learning Outside the Lines*
Survival Guide for College Students with ADHD
Putting on the Brakes Activity Book
The ADHD Book of Lists
School Success for Kids with ADHD
Everything's Parent Guide to ADHD
ADHD: What Every Parent Wants to Know

Ashley, Susan
Compart, Pamela
Dendy, Chris
Grandin, Temple
Hallowell, Edward
Hallowell, Edward
Heininger, Janet
Honos-Webb, Lara
Kutscher, Martin
Lawlis, Frank
Mooney, Jonathan
Nadeau, Kthleen
Quinn, Patricia
Rief, Sandra
Silverman, Stephen
Sonna, Linda
Wodrich, David

ANXIETY

Free Your Child from Anxiety
If Your Adolescent Has an Anxiety Disorder
The Worried Child
Helping Your Anxious Child
Wish I Could Be There: Notes from a Phobic Life
Worried No More: Help and Hope for Anxious Children

Chansky, Tamar
Foa, Edna
Foxman, Paul
Rapee, Ronald
Shawn, Allen
Wagner, Aureen

ASPERGER SYNDROME

The Asperger Answer Book: Top 300 Questions of Parents
Making Sense of Sex: Guide to Puberty, Sex, & Relationships for People w Autism & AS
A Complete Guide to Asperger Syndrome
Preparing for Life: Guide to Transitioning to Adulthood for Those with Autism & AS
Incredible 5 Point Scale*

Ashley, Susan
Attwood, Sarah
Attwood, Tony
Baker, Jed
Barron, Kari Dunn

Different...Not Less*
 Perfect Targets: AS and Bullying
 Asperger Syndrome
 Asperger Syndrome: An Owners Manual- What Parents and Teachers Need to Know
 Asperger Syndrome: An Owners Manual 2 for Older Adolescents and Adults
 Kids in the Syndrome Mix of ADHD, LD, Asperger, Tourette, Bipolar and More*
 Solutions for Adults with Asperger Syndrome
 Asperger Syndrome and the Elementary School Experience
 Asperger Syndrome and Difficult Moments
 Asperger Syndrome and Adolescence: Practical Solutions for School Success
 Simple Strategies That Work: Helpful Hints for Educators and Students with AS
 The Hidden Curriculum
 Autism-Asperger's Sexuality: Puberty and Beyond*
 Asperger Syndrome and Your Child
 Look Me in the Eye: My Life with Asperger Syndrome
 School Success for Kids with Aspergers Syndrome
 Asperger Dictionary of Everyday Expressions
 Nonverbal Learning Disorder: Understanding and Coping with NVLD and AS*
 Asperger Syndrome in Adolescence

Grandin, Temple
 Heinrichs, Rebekah
 Klin, Ami
 Korin Ellen Heller
 Korin Ellen Heller
 Kutscher, Martin
 Lovett, Juanita
 Moore, Susan
 Myles, Brenda
 Myles, Brenda
 Myles, Brenda
 Myles, Brenda
 Newport, Jerry
 Powers, Michael
 Robison, John
 Silverman, Stephan
 Stuart-Hamilton, Ian
 Whitney, Rondalyn
 Willey, Liane Holliday

ATTACHMENT DISORDER

Building the Bonds of Attachment
 Attachment and Attachment Disorder
 Parenting Other People's Children
 When Love is Not Enough

Hughes, Daniels
 Pearce, Colby
 Stoller, John
 Thomas, Nancy

AUTISM SPECTRUM DISORDERS

Preparing for Life:Guide to Transitioning to Adulthood for Those with Autism & AS*
 Autism 24/7: A Family Guide to Learning at Home and in the Community
 Autism Heroes: Portraits of Families Meeting the Challenge
 Visual Supports for People wit Autism: A Guide for Parents and Professionals
 ADHD and Autism Cookbook: The Ultimate Guide to the Gluten Free, Casein-Free Diet*
 Making Sense of Art
 Girls Under the Umbrella of Autism Spectrum Disorders
 Different...Not Less*
 Siblings of Children with Autism
 A Users Guide to the GF/CF Diet for Autism, Asperger Syndrome and ADHD*
 Overcoming Autism
 Replays: Using Play to Enhance Emotional & Behavioral Dev. for Children w ASD
 Managing Meltdowns*
 Activity Schedules for Children with Autism: Teaching Independent Behavior
 Incorporating Social Goals in the Classroom
 Educating Children with Autism
 Autism-Asperger's Sexuality: Puberty and Beyond*
 Girls Growing Up on the Autism Spectrum
 The Ten Things Every Child with Autism Wishes You Knew
 Children with Autism: A Parents Guide
 Making Peace with Autism: One Family's Story of Struggle, Discovery, & Gifts
 Adolescents on the Autism Spectrum: A Parents Guide
 Fragile Success: Ten Autistic Children, Childhood to Adulthood
 Autism and the God Connection
 Blue Day: Inside the Extraordinary Mind of an Autistic Savant

Baker, Jed
 Bondy, Andy
 Buissink, Joe
 Cohen, Marlene
 Compart, Pamela
 Davalos, Sandra
 Ensperger, Lori
 Grandin, Temple
 Harris, Sandra
 Jackson, Luke
 Koegel, Lynn Kern
 Levine, Karen
 Lipsky, Deborah
 McClannahan, Lynn
 Moyes, Rebecca
 National Research Council
 Newport, Jerry
 Nichols, Shana
 Notbohm, Ellen
 Powers, Michael
 Senator, Susan
 Sicile-Kira, Chantal
 Sperry, Virginia
 Stillman, William Born on a
 Tammet, Daniel

Freedom from Meltdowns: Solutions for Children with Autism
Pervasive Developmental Disorders
Hurricane Dancing
Toilet Training for Individuals with Autism or Other Developmental Issues
Autism Spectrum Disorders: An Essential Guide for the Newly Diagnosed Child
Taking Care of Myself: A Hygiene, Puberty Curriculum for Young People with Autism

Thompson, Travis
Waltz, Mitzi
Watt, Alison
Wheeler, Maria
Wiseman, Nancy
Wrobel, Mary

BEHAVIOR

Your Defiant Child
Effective Parenting for the Hard to Manage Child
Explosive Child
Treating Explosive Kids
Lost at School: Why Kids with Behav Challenges are Falling Through the Cracks
Setting Limits with Your Strong-Willed Child
Mini Methods or Madness: Small Steps that Make Big Changes in Your Kids' Behavior
When Your Child Has a Strong-Willed Personality

Barkley, Russell
Degangi, Georgia
Greene, Ross
Greene, Ross
Greene, Ross
MacKenzie, Robert
Peterson, Roger
Pickhardt, Carl

BEHAVIOR – TEENS

Parenting Teens with Love and Logic
Dude, That's Rude: Get Some Manners
Out of the Woods: Tale of Resilient Teens
Helping Your Troubled Teen
What It Takes to Pull Me Through

Cline, Foster
Espelan, Pamela
Hauser, Stuart
Kaplan, Cynthia
Marcus, David

BIPOLAR DISORDER

Childhood Bipolar Disorder Answer Book
Raising a Moody Child*
Bipolar Kids: Helping Your Child Find Calm in the Mood Storm
Madness: A Bipolar Life
An Unquiet Mind
The Ups and Downs of Raising a Bipolar Child
The Bipolar Teen: What You Can Do to Help Your Child
The Bipolar Child
His Bright Light

Anglada, Tracy
Fristad, Mary
Greenberg, Rosalie
Hornbacher, Marya
Jamison, Kay
Lederman, Judith
Miklowitz, David
Papolas, Demetri
Steele, Danielle

BORDERLINE PERSONALITY DISORDER

Get Me Out of Here: My Recovery from Borderline Personality Disorder

Reiland, Rachael

BULLYING

The Bully, the Bullied, and the Bystander
Bullyproof Your Child for Life
Teen Cyberbullying Investigated
Why Good Kids Act Cruel
Queen Bees and Wannabees

Coloroso, Barbara
Haber, Joel
Jacobs, Judge Tom
Pickhardt, Carl
Wiseman, Rosalind

COMMUNICATION

If Your Child Stutters: A Guide for Parents

Stuttering Foundation

DEPRESSION

Raising a Moody Child*
Is Your Teen Stressed or Depressed
Lonely, Sad and Angry

Fristad, Mary
Hart, Archibald
Ingersoll, Barbara

If I Could Just Snap Out of It, Don't You Think I Would
Depressed Child: A Parents' Guide to Rescuing Kids
Prozac Nation: Young and Depressed in America

Mullin, Cathy Goldstein
Riley, Douglas
Wurtzel, Elizabeth

DIVORCE

The Truth about Divorce
Putting Children First: Proven Parenting Strategies for Helping Children Thrive Through Divorce
The Co-parenting Survival Guide: Letting Go of Conflict
Surviving Divorce: Teens Talk about What Hurts and What Helps

Emery, Robert
Pedro-Carroll, JoAnne
Thayer, Elizabeth
Trueit, Trudi

DOWN SYNDROME

Fine Motor Skill in Children with Down Syndrome
Early Communication in Children with Down Syndrome
The Down Syndrome Nutrition Handbook
Gross Motor Skills in Children with Down Syndrome

Burni, Maryanne
Kumin, Libby
Meden, Joan
Winders, Patricia

EATING DISORDERS

The Eating Disorder Book
Helping Your Teenager Beat the Eating Disorder

Costin, Carolyn
Locke, James

EPILEPSY

Growing Up with Epilepsy: A Parents Guide
Straight Talk on Epilepsy: What Kids Need to Know
Seizures and Epilepsy in Childhood
Children with Seizures: A Guide for Parents

Blackburn, Lynn
Epilepsy Foundation
Freeman, John
Kutscher, Martin

EXECUTIVE FUNCTION

Late, Lost, and Unprepared: A Parent's Guide to Helping Children with Executive Functioning
Smart But Scattered*

Cooper-Kahn, Joyce
Dawson, Peg

FETAL ALCOHOL SYNDROME

Fetal Alcohol Syndrome: Guidelines for Referral and Diagnosis

CDC

HEALTH

Epidemic: How Teen Sex is Killing our Kids
Our Children's Health: American Kids in Nutritional Crisis

Meeker Meg
Minsky, Bonnie

LEARNING & COLLEGE

Transitional Skills for Post Secondary Success
Don't Tell Me What to Do, Just Send Money

Citro, Alissa
Johnson, Helen

LEARNING DIFFERENCES

Smart But Scattered*
Organized Student
Reading by Colors
Most Unlikely to Succeed
The Myth of Laziness
A Mind at a Time
Learning Outside the Lines*
Colleges for Students with Learning Disabilities and ADHD
Overcoming Dyslexia
From Emotions to Advocacy

Dawson, Peg
Goldberg, Donna
Irlen, Helen
Lauver, Nelson
Levine, Mel
Levine, Mel
Mooney, Jonathan
Peterson's Guide
Shaywitz, Sally
Wright, Pam

MEDICATIONS

PDR

Straight Talk about Psychiatric Medication for Kids

Pocket Books

Wilens, Tim

NONVERBAL LEARNING DISORDER

Helping Children with Nonverbal Learning Disorder to Flourish

Helping a Child with NVLD or AS

Nonverbal Learning Disabilities at Home

Nonverbal Learning Disorder: Understanding and Coping with NVLD and AS*

Martin, Marilyn

Stewart, Kathryn

Tanguay, Pamela

Whitney, Rondalyn

OBSESSIVE COMPULSIVE DISORDER

Rewind, Replay, Repeat

Freeing Your Child from OCD

Kissing Doorknobs

Talking Back to OCD

What to Do When Your Child Has OCD

Bell, Jeff

Chansky, Tamar

Hessner, Terry

March, John

Wagner, Aureen

PARENTING

Myth of Maturity: What Teenagers Need from Parents to Become Adults

Why Children Matter

No More Bedwetting

How to Find Mental Health Care for Your Child

Raising Resilient Children

SOS

Chicken Soup for the Parents Soul

When Your Kids Push Your Buttons

Kids, Parents, and Power Struggles

123 Magic

Apter, Terri

Arnold, Johann

Arnold, Samuel

Braaten, Ellen

Brooks, Robert

Clark, Lynn

Cranfield, Jack

Harris, Bonnie

Kurcinka, Mary

Phelan, Thomas

PROFESSIONAL and EDUCATORS

Neurodiversity in the Classroom: Strength-Based Strategies to Help
Students with Special Needs Succeed in School and Life

Genetics and Genetic Services

Social Thinking at Work: Why Should I Care?

Why Teach Social Thinking?

You Are A Social Detective! Explaining Social Thinking to Kids

The Promotion of Wellness in Children and Adolescents

Identifying Gifted Students

The Zones of Regulation: A Curriculum Designed to Foster Self-Regulation and Emotional Control
Managing Meltdowns*

Helping Traumatized Children Learn*

A New Era: Revitalizing Special Education for Children and Their Families

Designing Services and Programs for High-Ability Learners

Teaching Every Student in the Digital Age: Universal Design

Movie Time Social Learning: Using Movies to Teach Social Thinking and Social Understanding

Armstrong, Thomas

Eanet, Karen

Garcia Winner, Michelle

Garcia Winner, Michelle

Garcia Winner, Michelle

Guilotta, Thomas

Johnson, Susan

Kuypers, Leah

Lipsky, Deborah

MA Advocacy for Children

Presidents Commission

Purcell, Jeanne

Rose, David

Vagin, Anna

SELF-CARE

Leaves of Grass and Other Writings

Rich in Years: Finding Peace and Purpose in a Long Life

Whitman, Walt

Arnold, Johann

SELF-INJURY

When Your Child is Cutting
Stopping the Pain: A Workbook for Teens Who Cut and Self Injure

McVey-Noble, Mary
Shapiro, Lawrence

SENSORY INTEGRATION

The Out of Sync Child
The Out of Sync Child Has Fun
Raising a Sensory Smart Child

Kranowitz, Carol
Kranowitz, Carol
Lindsey, Bell

SEX EDUCATION

Boys Guide to Becoming a Teen (Younger boys)
Making Sense of Sex: Guide to Puberty, Sex, & Relationships for People with Autism and Asperger Syndrome*
Teaching Children with Down Syndrome About Bodies, Boundaries & Sexuality
On Your Mark Get Set Grow (Boys)
Ready Set Grow: What's Happening to My Body for Girls
The Care and Keeping of You: A Body Book for Girls

American Medical Assoc
Attwood, Sarah
Couwenhoven, Terri
Madaras, Lynda
Madaras, Lynda
Shaefer, Valerie

SEXUAL ORIENTATION

Always My Child: A Parent's Guide to Understanding a GLBTQ Son or Daughter
My Child is Gay
Transitions of the Heart:
 Stories of Love, Struggle and Acceptance by Mothers of Transgender and Gender Variant Children

Jennings, Kevin
McDougall, Bryce

Pepper, Rachel

SIBLING ISSUES

Siblings with Autism*
View From Our Shoes: Growing Up with a Brother or Sister with Special Needs
Being the Other One

Harris, Sandra
Meyer, Donald
Strohm, Kate

SPECIAL NEEDS

In This Together: The Journey of a Mother and a Child
Rise Above: How One Man's Search for Mobility Helped the World Get Moving
A Guide to Improving Sleep for Children with Special Needs
A Difference in the Family: Living with a Disabled Child
A Child with Special Needs
Legal Planning for Special Needs in Massachusetts (2010)*
A Travel Resource for Parents of Children with Special Needs
Destinations for Kids with Special Needs East Coast Edition
You Will Dream New Dreams: Inspiring Personal Stories by Parents
Nobody's Perfect: Living and Growing with Children Who Have Special Needs
Special Children, Challenged Parents
I Raise My Eyes to Say Yes
Stephanie's Story: Love Knows No Handicaps
Breakthrough Parenting for Children with Special Needs

Atkinson, Dawn
Braun, Ralph
Durand, Mark
Featherstone, Helen
Greenspan, Stanley
Jackins, Barbara
Jones, Jesemine
Jones, Jesemine
Klei, Stanley
Miller, Nancy
Naseef, Robert
Siendiewicz-Mercer
Wermuth, Kathleen
Winter, Judy

SPINA BIFIDA

Children with Spina Bifida

Lutkenhoff, Marlene

SUBSTANCE ABUSE

Dry
Addict in the Family
Addiction: Why Can't They Stop
Love First: A Family's Guide to Intervention
Beautiful Boy

Burroughs, Augusten
Conyers, Beverly
Hoffman, John/ HBO
Jay, Jeff
Sheff, David

Tweak
From Binge to Blackout
Smashed: Story of a Drunken Girlhood

Sheff, Nic
Volkman, Chris & Toren
Zailckas, Koren

TEEN PARENTING

Power Source Parenting

Casarkoam, Bethany

TRANSITION

Preparing for Life: Guide to Transitioning to Adulthood for Those with Autism and Asperger Syndrome*
The Road Forward: A DMR Guide for Transition Planning

Baker, Jed
DMR

TRAUMA

When Your Child Has Been Molested
Invisible Girls: The Truth about Sexual Abuse
Children Who See Too Much
I Don't Want to Go to Justin's House Anymore (Children's book)
Trauma Through a Child's Eyes
Helping Traumatized Children Learn*
The Boy Who Was Raised as a Dog

Brohl, Kathryn
Feuereisen, Patti
Groves, Betty
Klassen, Heather
Levine, Peter
MA Advocacy for Children
Perry, Bruce

VISUAL IMPAIRMENT

Do You Remember the Color Blue? And Other Questions Kids Ask about Blindness
A Singular View: The Art of Seeing with One Eye
In Celebration of Grandparenting: For Grandparents of Children with Visual Impairments
Your Eyes: An Owners Guide
Macular Degeneration
Welcoming Students with Visual Impairment to Your School
Seeing Without Glasses
The Little Eye Book; A Pupils Guide to Understanding Ophthalmology
Assistive Technology for Students who are Blind or Visually Impaired
Get a Wiggle On: A Guide for Helping Visually Impaired Children Grow
Teaching Every Student in the Digital Age*

Alexander, Sally
Brady, Frank
Chapuis, Debra
Collins, James
D'Amato, Robert
Heydt, Kathy
Kaplan, Robert-Michael
Ledford, Janice
Presley, Ike
Raynor, Sherry
Rose, David

VIDEOS & DVDS

Addiction: HBO Series
Anxiety and OCD at School: Live Workshop for School Professionals
Drugs: True Stories
Dreams Spoken Here
Occupational Therapy
On the Spectrum
Sensory Processing for Parents
Special Needs Kids
The Road

DVD
DVD
DVD
Video
Video
Video
Video
Video
DVD (AUT)

* Book is listed under more than one topic.