LENDING LIBRARY

Adult Books
(Revised 5/2014)

ADOPTION
Adoption and Ethics
Attaching in Adoption
Keys to Parenting an Adopted Child
The Whole Life Adoption Book

Child Welfare League
Gray, Deborah
Lancaster, Kathy
Schooler, Jayne

ADHD
ADD and ADHD Answer Book
ADHD and Autism Cookbook: The Ultimate Guide to the Gluten Free, Casein-Free Diet*
Teenagers with ADHD
Different...Not Less*
Delivered from Distraction
Driven to Distraction
From Chaos to Calm
The Gift of ADHD
Kids in the Syndrome Mix of ADHD, LD, Asperger, Tourette, Bipolar and More*
The ADD Answer: How to Help Your Child Now
Learning Outside the Lines*
Survival Guide for College Students with ADHD
Putting on the Brakes Activity Book
The ADHD Book of Lists
School Success for Kids with ADHD
Everything’s Parent Guide to ADHD
ADHD: What Every Parent Wants to Know

Ashley, Susan
Compartment, Pamela
Dendy, Chris
Grandin, Temple
Hallowell, Edward
Hallowell, Edward
Heininger, Janet
Honos-Webb, Lara
Kutscher, Martin
Lawlis, Frank
Mooney, Jonathan
Nadeau, Kathleen
Quinn, Patricia
Rief, Sandra
Silverman, Stephen
Sonja, Linda
Wodrich, David

ANXIETY
Free Your Child from Anxiety
If Your Adolescent Has an Anxiety Disorder
The Worried Child
Helping Your Anxious Child
Wish I Could Be There: Notes from a Phobic Life
Worried No More: Help and Hope for Anxious Children

Chansky, Tamar
Foa, Edna
Foxman, Paul
Rapee, Ronald
Shawn, Allen
Wagner, Aureen

ASPERGER SYNDROME
The Asperger Answer Book: Top 300 Questions of Parents
Making Sense of Sex: Guide to Puberty, Sex, & Relationships for People w Autism & AS
A Complete Guide to Asperger Syndrome
Preparing for Life: Guide to Transitioning to Adulthood for Those with Autism & AS
Incredible 5 Point Scale*

Ashley, Susan
Attwood, Sarah
Attwood, Tony
Baker, Jed
Barron, Kari Dunn
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<tr>
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<td>Different…Not Less*</td>
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<td>Perfect Targets: AS and Bullying</td>
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<td>Asperger Syndrome: An Owners Manual 2 for Older Adolescents and</td>
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<td>Kids in the Syndrome Mix of ADHD, LD, Asperger, Tourette, Bipolar</td>
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<td>Solutions for Adults with Asperger Syndrome</td>
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<td>Asperger Syndrome and the Elementary School Experience</td>
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<td>Simple Strategies That Work: Helpful Hints for Educators and Students</td>
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<td>The Hidden Curriculum</td>
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<td>Autism-Asperger’s Sexuality: Puberty and Beyond*</td>
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<td>Asperger Syndrome and Your Child</td>
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<td>Look Me in the Eye: My Life with Asperger Syndrome</td>
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<td>Asperger Dictionary of Everyday Expressions</td>
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<td>Nonverbal Learning Disorder: Understanding and Coping with NVLD and</td>
<td>Whitney, Rondalyn</td>
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<td>Asperger Syndrome in Adolescence</td>
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**ATTACHMENT DISORDER**

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<td>Building the Bonds of Attachment</td>
<td>Hughes, Daniels</td>
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<td>Attachment and Attachment Disorder</td>
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<td>Parenting Other People’s Children</td>
<td>Stoller, John</td>
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<td>When Love is Not Enough</td>
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**AUTISM SPECTRUM DISORDERS**

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<th>Title</th>
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<tr>
<td>Preparing for Life:Guide to Transitioning to Adulthood for Those with</td>
<td>Baker, Jed</td>
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<td>Autism &amp; AS*</td>
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<td>Autism 24/7: A Family Guide to Learning at Home and in the Community</td>
<td>Bondy, Andy</td>
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<td>Autism Heroes: Portraits of Families Meeting the Challenge</td>
<td>Buissink, Joe</td>
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<td>Professionals</td>
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<td>ADHD and Autism Cookbook: The Ultimate Guide to the Gluten Free,</td>
<td>Compart, Pamela</td>
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<td>Casein-Free Diet*</td>
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<td>Making Sense of Art</td>
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<td>Girls Under the Umbrella of Autism Spectrum Disorders</td>
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<td>Different…Not Less*</td>
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<td>Siblings of Children with Autism</td>
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<td>A Users Guide to the GF/CF Diet for Autism, Asperger Syndrome and</td>
<td>Jackson, Luke</td>
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<td>ADHD*</td>
<td>Koegel, Lynn Kern</td>
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<td>Overcoming Autism</td>
<td>Levine, Karen</td>
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<td>Replays: Using Play to Enhance Emotional &amp; Behavioral Dev. for</td>
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<td>Children w ASD</td>
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<td>Managing Meltdowns*</td>
<td>Moyes, Rebecca</td>
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<td>Activity Schedules for Children with Autism: Teaching Independent</td>
<td>National Research Council</td>
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<td>Behavior</td>
<td>Newport, Jerry</td>
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<td>Incorporating Social Goals in the Classroom</td>
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<td>Educating Children with Autism</td>
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<td>Autism-Asperger’s Sexuality: Puberty and Beyond*</td>
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<td>Girls Growing Up on the Autism Spectrum</td>
<td>Senator, Susan</td>
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<td>The Ten Things Every Child with Autism Wishes You Knew</td>
<td>Sicile-Kira, Chantal</td>
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<td>Children with Autism: A Parents Guide</td>
<td>Sperry, Virginia</td>
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<td>Making Peace with Autism: One Family’s Story of Struggle, Discovery,</td>
<td>Stillman, William Born on a</td>
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<td>Adolescents on the Autism Spectrum: A Parents Guide</td>
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<td>Fragile Success: Ten Autistic Children, Childhood to Adulthood</td>
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<td>Autism and the God Connection</td>
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<td>Blue Day: Inside the Extraordinary Mind of an Autistic Savant</td>
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Freedom from Meltdowns: Solutions for Children with Autism  Thompson, Travis
Pervasive Developmental Disorders  Waltz, Mitzi
Hurricane Dancing  Watt, Alison
Toilet Training for Individuals with Autism or Other Developmental Issues  Wheeler, Maria
Taking Care of Myself: A Hygiene, Puberty Curriculum for Young People with Autism  Wrobel, Mary

BEHAVIOR
Your Defiant Child  Barkley, Russell
Effective Parenting for the Hard to Manage Child  Degangi, Georgia
Explosive Child  Greene, Ross
Treating Explosive Kids  Greene, Ross
Lost at School: Why Kids with Behav Challenges are Falling Through the Cracks  Greene, Ross
Setting Limits with Your Strong-Willed Child  MacKenzie, Robert
Mini Methods or Madness: Small Steps that Make Big Changes in Your Kids' Behavior  Peterson, Roger
When Your Child Has a Strong-Willed Personality  Pickhardt, Carl

BEHAVIOR – TEENS
Parenting Teens with Love and Logic  Cline, Foster
Dude, That’s Rude: Get Some Manners  Espelan, Pamela
Out of the Woods: Tale of Resilient Teens  Hauser, Stuart
Helping Your Troubled Teen  Kaplan, Cynthia
What It Takes to Pull Me Through  Marcus, David

BIPOLAR DISORDER
Childhood Bipolar Disorder Answer Book  Anglada, Tracy
Raising a Moody Child*  Fristad, Mary
Bipolar Kids: Helping Your Child Find Calm in the Mood Storm  Greenberg, Rosalie
Madness: A Bipolar Life  Hornbacher, Marya
An Unquiet Mind  Jamison, Kay
The Ups and Downs of Raising a Bipolar Child  Lederman, Judith
The Bipolar Teen: What You Can Do to Help Your Child  Miklowitz, David
The Bipolar Child  Papolas, Demetri
His Bright Light  Steele, Danielle

BORDERLINE PERSONALITY DISORDER
Get Me Out of Here: My Recovery from Borderline Personality Disorder  Reiland, Rachael

BULLYING
The Bully, the Bullied, and the Bystander  Coloroso, Barbara
Bullyproof Your Child for Life  Haber, Joel
Teen Cyberbullying Investigated  Jacobs, Judge Tom
Why Good Kids Act Cruel  Pickhardt, Carl
Queen Bees and Wannabees  Wiseman, Rosalind

COMMUNICATION
If Your Child Stutters: A Guide for Parents  Stuttering Foundation

DEPRESSION
Raising a Moody Child*  Fristad, Mary
Is Your Teen Stressed or Depressed  Hart, Archibald
Lonely, Sad and Angry  Ingersoll, Barbara
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<td>If I Could Just Snap Out of It, Don't You Think I Would</td>
<td>Mullin, Cathy Goldstein</td>
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<td>Depressed Child: A Parents' Guide to Rescuing Kids</td>
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<td>Prozac Nation: Young and Depressed in America</td>
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<td>EATING DISORDERS</td>
<td>The Truth about Divorce</td>
<td>Emery, Robert</td>
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<td>Putting Children First: Proven Parenting Strategies for Helping Children Thrive Through Divorce</td>
<td>Pedro-Carroll, JoAnne</td>
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<td>The Co-parenting Survival Guide: Letting Go of Conflict</td>
<td>Thayer, Elizabeth</td>
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<td>Surviving Divorce: Teens Talk about What Hurts and What Helps</td>
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<td>DOWN SYNDROME</td>
<td>Fine Motor Skill in Children with Down Syndrome</td>
<td>Burni, Maryanne</td>
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<td>Early Communication in Children with Down Syndrome</td>
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<td>The Down Syndrome Nutrition Handbook</td>
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<td>Gross Motor Skills in Children with Down Syndrome</td>
<td>Winders, Patricia</td>
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<td>Growing Up with Epilepsy: A Parents Guide</td>
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<td>Straight Talk on Epilepsy: What Kids Need to Know</td>
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<td>Late, Lost, and Unprepared: A Parent's Guide to Helping Children with Executive Functioning</td>
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<td>Smart But Scattered*</td>
<td>Dawson, Peg</td>
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<td>Fetal Alcohol Syndrome: Guidelines for Referral and Diagnosis</td>
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<td>HEALTH</td>
<td>Epidemic: How Teen Sex is Killing our Kids</td>
<td>Meeker Meg</td>
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<td>Our Children's Health: American Kids in Nutritional Crisis</td>
<td>Minsky, Bonnie</td>
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<td>Transitional Skills for Post Secondary Success</td>
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<td>Colleges for Students with Learning Disabilities and ADHD</td>
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### MEDICATIONS

**PDR**  
Straight Talk about Psychiatric Medication for Kids  
Wilens, Tim

### NONVERBAL LEARNING DISORDER

- Helping Children with Nonverbal Learning Disorder to Flourish  
  Martin, Marilyn  
- Helping a Child with NVLD or AS  
  Stewart, Kathryn  
- Nonverbal Learning Disabilities at Home  
  Tanguay, Pamela  
- Nonverbal Learning Disorder: Understanding and Coping with NVLD and AS*  
  Whitney, Rondalyn

### OBSESSIVE COMPULSIVE DISORDER

- Rewind, Replay, Repeat  
  Bell, Jeff  
- Freeing Your Child from OCD  
  Chansky, Tamar  
- Kissing Doorknobs  
  Hessner, Terry  
- Talking Back to OCD  
  March, John  
- What to Do When Your Child Has OCD  
  Wagner, Aureen

### PARENTING

- Myth of Maturity: What Teenagers Need from Parents to Become Adults  
  Apter, Terri  
- Why Children Matter  
  Arnold, Johann  
- No More Bedwetting  
  Arnold, Samuel  
- How to Find Mental Health Care for Your Child  
  Braaten, Ellen  
- Raising Resilient Children  
  Brooks, Robert  
- SOS  
  Clark, Lynn  
- Chicken Soup for the Parents Soul  
  Cranfield, Jack  
- When Your Kids Push Your Buttons  
  Harris, Bonnie  
- Kids, Parents, and Power Struggles  
  Kurcinka, Mary  
- 123 Magic  
  Phelan, Thomas

### PROFESSIONAL and EDUCATORS

- Neurodiversity in the Classroom: Strength-Based Strategies to Help Students with Special Needs Succeed in School and Life  
  Armstrong, Thomas  
- Genetics and Genetic Services  
  Eanet, Karen  
- Social Thinking at Work: Why Should I Care?  
  Garcia Winner, Michelle  
- Why Teach Social Thinking?  
  Garcia Winner, Michelle  
- You Are A Social Detective! Explaining Social Thinking to Kids  
  Garcia Winner, Michelle  
- The Promotion of Wellness in Children and Adolescents  
  Guiltotta, Thomas  
- Identifying Gifted Students  
  Johnson, Susan  
- The Zones of Regulation: A Curriculum Designed to Foster Self-Regulation and Emotional Control  
  Kuypers, Leah  
- Managing Meltdowns*  
  Lipsky, Deborah  
- Helping Traumatized Children Learn*  
  MA Advocacy for Children  
- A New Era: Revitalizing Special Education for Children and Their Families  
  Presidents Commision  
- Designing Services and Programs for High-Ability Learners  
  Purcell, Jeanne  
- Teaching Every Student in the Digital Age: Universal Design  
  Rose, David  
- Movie Time Social Learning: Using Movies to Teach Social Thinking and Social Understanding  
  Vagin, Anna

### SELF-CARE

- Leaves of Grass and Other Writings  
  Whitman, Walt  
- Rich in Years: Finding Peace and Purpose in a Long Life  
  Arnold, Johann

### SELF-INJURY
When Your Child is Cutting
Stopping the Pain: A Workbook for Teens Who Cut and Self Injure

SENSORY INTEGRATION
The Out of Sync Child
The Out of Sync Child Has Fun
Raising a Sensory Smart Child

SEX EDUCATION
Boys Guide to Becoming a Teen (Younger boys)
Making Sense of Sex: Guide to Puberty, Sex, & Relationships for People with Autism and Asperger Syndrome*
Teaching Children with Down Syndrome About Bodies, Boundaries & Sexuality
On Your Mark Get Set Grow (Boys)
Ready Set Grow: What’s Happening to My Body for Girls
The Care and Keeping of You: A Body Book for Girls

SEXUAL ORIENTATION
Always My Child: A Parent’s Guide to Understanding a GLBTQ Son or Daughter
My Child is Gay
Transitions of the Heart:
Stories of Love, Struggle and Acceptance by Mothers of Transgender and Gender Variant Children

SIBLING ISSUES
Siblings with Autism*
View From Our Shoes: Growing Up with a Brother or Sister with Special Needs
Being the Other One

SPECIAL NEEDS
In This Together: The Journey of a Mother and a Child
Rise Above: How One Man’s Search for Mobility Helped the World Get Moving
A Guide to Improving Sleep for Children with Special Needs
A Difference in the Family: Living with a Disabled Child
A Child with Special Needs
Legal Planning for Special Needs in Massachusetts (2010)*
A Travel Resource for Parents of Children with Special Needs
Destinations for Kids with Special Needs East Coast Edition
You Will Dream New Dreams: Inspiring Personal Stories by Parents
Nobody’s Perfect: Living and Growing with Children Who Have Special Needs
Special Children, Challenged Parents
I Raise My Eyes to Say Yes
Stephanie’s Story: Love Knows No Handicaps
Breakthrough Parenting for Children with Special Needs

SPINA BIFIDA
Children with Spina Bifida

SUBSTANCE ABUSE
Dry
Addict in the Family
Addiction: Why Can’t They Stop
Love First: A Family’s Guide to Intervention
Beautiful Boy
Tweak
From Binge to Blackout
Smashed: Story of a Drunken Girlhood

TEEN PARENTING
Power Source Parenting

TRANSITION
Preparing for Life: Guide to Transitioning to Adulthood for Those with Autism and Asperger Syndrome*
The Road Forward: A DMR Guide for Transition Planning

TRAUMA
When Your Child Has Been Molested
Invisible Girls: The Truth about Sexual Abuse
Children Who See Too Much
I Don't Want to Go to Justin's House Anymore (Children's book)
Trauma Through a Child’s Eyes
Helping Traumatized Children Learn*
The Boy Who Was Raised as a Dog

VISUAL IMPAIRMENT
Do You Remember the Color Blue? And Other Questions Kids Ask about Blindness
A Singular View: The Art of Seeing with One Eye
In Celebration of Grandparenting: For Grandparents of Children with Visual Impairments
Your Eyes: An Owners Guide
Macular Degeneration
Welcoming Students with Visual Impairment to Your School
Seeing Without Glasses
The Little Eye Book; A Pupils Guide to Understanding Ophthalmology
Assistive Technology for Students who are Blind or Visually Impaired
Teaching Every Student in the Digital Age*

VIDEOS & DVDS
Addiction: HBO Series
Anxiety and OCD at School: Live Workshop for School Professionals
Drugs: True Stories
Dreams Spoken Here
Occupational Therapy
On the Spectrum
Sensory Processing for Parents
Special Needs Kids
The Road

* Book is listed under more than one topic.