



Free Workshops

PDPs provided

**Register for free in person workshops with
Mary Chao, LMHC, Youth & Young Adult Substance Use Treatment
Specialist from JRI Health, Training & Community-Based Services**
www.nsedu.org/professionals

In partnership with



Leader in
Social Justice

Youth Vaping

Monday, October 2, 2023 from 12 – 2 pm

This workshop examines the facts, myths, and trends related to e-cigarette use (vaping) with special focus on students who use nicotine and marijuana products. Participants will analyze arguments for vaping as a public health concern as well as a harm reduction strategy. Participants will consider strategies for engaging students in effective, non-judgmental discussion about their vaping behaviors.

A-CRA: Substance Use Treatment for Youth & Young Adults

Monday, November 6, 2023 from 12 – 2 pm

Adolescent Community Reinforcement Approach (A-CRA) is an evidence-based treatment tailored to the needs of 12-24 year-olds who use drugs. While A-CRA is most often encountered in outpatient treatment settings, educators and collaborators play an important role in supporting and applying the foundations of A-CRA. This workshop will present several A-CRA skills and interventions that school-based counselors can utilize to establish positive working relationships with students who use drugs. Participants of this workshop will learn about the goals and mechanics of A-CRA as well as how to make a referral for treatment.

Motivational Interviewing

Monday, December 4, 2023 from 12 – 3 pm

This workshop provides an overview of Motivational Interviewing (MI), an evidence-based style of communication that evokes and strengthens a person's intrinsic motivations. Participants will learn why MI is effective with young people who use substances and how they can begin to practice MI in their own work. This workshop will walk participants through the principles, underlying assumptions, and "Spirit" - or relationship - that is unique to MI. Emphasis will be placed on pairing these foundations with practical MI skills that build young peoples' readiness for behavior change. This workshop will include small group practice, large group discussion, and case examples.

- All workshops are in person and will take place at Northshore Education Consortium, 112 Sohier Rd, Beverly, MA
- Please register separately for each workshop, **space is limited**
- PDPs will be provided
- Snacks and beverages will be offered, please feel free to bring your own lunch

Scan for
workshop
details



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