

THE FAMILY CENTER

ADULT BOOKS

(Revised 1/10/10)

ADOPTION

The Whole Life Adoption Book
Attaching in Adoption
Keys to Parenting an Adopted Child
Adoption and Ethics

Schooler, Jayne
Gray, Deborah
Lancaster, Kathy
Child Welfare League

ADHD

ADD and ADHD Answer Book
Teenagers wit ADHD
Delivered from Distraction
Driven to Distraction
From Chaos to Calm
The Gift of ADHD
Kids in the Syndrome Mix of ADHD, LD, Asperger, Tourette, Bipolar and More*
The ADD Answer: How to Help Your Child Now
Learning Outside the Lines*
Putting on the Brakes Activity Book
The ADHD Book of Lists
Everything's Parent Guide to ADHD
ADHD: What Every Parent Wants to Know

Ashley, Susan
Dendy, Chris
Hallowell, Edward
Hallowell, Edward
Heininger, Janet
Honos-Webb, Lara
Kutscher, Martin
Lawlis, Frank
Mooney, Jonathan
Quinn, Patricia
Rief, Sandra
Sonna, Linda
Wodrich, David

ANXIETY

Free Your Child from Anxiety
If Your Adolescent Has an Anxiety Disorder
The Worried Child
Helping Your Anxious Child

Chansky, Tamar
Foa, Edna
Foxman, Paul
Rapee, Ronald

ASPERGER SYNDROME

The Asperger Answer Book: Top 300 Questions of Parents
Making Sense of Sex: Guide to Puberty, Sex, & Relationships for People with Autism and AS
A Complete Guide to Asperger Syndrome
Preparing for Life: Guide to Transitioning to Adulthood for Those with Autism & Asperger Syn
Kids in the Syndrome Mix of ADHD, LD, Asperger, Tourette, Bipolar and More*
Asperger Syndrome and the Elementary School Experience
Incorporating Social Goals in the Classroom
Asperger Syndrome and Difficult Moments
Asperger Syndrome and Your Child
Look Me in the Eye: My Life with Asperger Syndrome
Nonverbal Learning Disorder: Understanding and Coping with NVLD and AS*

Ashley, Susan
Attwood, Sarah
Attwood, Tony
Baker, Jed
Kutscher, Martin
Moore, Susan
Moyes, Rebecca
Myles, Brenda
Powers, Michael
Robison, John
Whitney, Rondalyn

ATTACHMENT DISORDER

Building the Bonds of Attachment
When Love is Not Enough

Hughes, Daniels
Thomas, Nancy

AUTISM SPECTRUM DISORDERS

Preparing for Life: Guide to Transitioning to Adulthood for Those with Autism & Asperger Syn*
Autism 24/7: A Family Guide to Learning at Home and in the Community
Autism Heroes: Portraits of Families Meeting the Challenge
Visual Supports for People with Autism: A Guide for Parents and Professionals
Girls Under the Umbrella of Autism Spectrum Disorders
Siblings of Children with Autism
A Users Guide to the GF/CF Diet for Autism, Asperger Syndrome and ADHD*
Replays: Using Play to Enhance Emotional & Behavioral Development for Children w ASD
Activity Schedules for Children with Autism: Teaching Independent Behavior
The Ten Things Every Child with Autism Wishes You Knew
Children with Autism: A Parents Guide
Making Peace with Autism: One Family's Story of Struggle, Discovery, & Unexpected Gifts
Adolescents on the Autism Spectrum: A Parents Guide
Fragile Success: Ten Autistic Children, Childhood to Adulthood
Born on a Blue Day: Inside the Extraordinary Mind of an Autistic Savant
Autism Spectrum Disorders: An Essential Guide for the Newly Diagnosed Child
Toilet Training for Individuals with Autism or Other Developmental Issues
Pervasive Developmental Disorders
Hurricane Dancing

Baker, Jed
Bondy, Andy
Buissink, Joe
Cohen, Marlene
Enesperger, Lori
Harris, Sandra
Jackson, Luke
Levine, Karen
McClannahan, Lynn
Notbohm, Ellen
Powers, Michael
Senator, Susan
Sicile-Kira, Chantal
Sperry, Virginia
Tammet, Daniel
Wiseman, Nancy
Wheeler, Maria
Waltz, Mitzi
Watt, Alison

BEHAVIOR

Your Defiant Child
Effective Parenting for the Hard to Manage Child
Explosive Child
Treating Explosive Kids
Lost at School: Why Kids with Behav Challenges are Falling Through the Cracks
Setting Limits with Your Strong-Willed Child
When Your Child Has a Strong-Willed Personality

Barkley, Russell
Degangi, Georgia
Greene, Ross
Greene, Ross
Greene, Ross
MacKenzie, Robert
Pickhardt, Carl

BEHAVIOR – TEENS

Parenting Teens with Love and Logic
Out of the Woods: Tale of Resilient Teens
Helping Your Troubled Teen
What It Takes to Pull Me Through

Cline, Foster
Hauser, Stuart
Kaplan, Cynthia
Marcus, David

BIPOLAR DISORDER

Childhood Bipolar Disorder Answer Book
Raising a Moody Child*
Bipolar Kids: Helping Your Child Find Calm in the Mood Storm
Madness: A Bipolar Life
An Unquiet Mind
The Ups and Downs of Raising a Bipolar Child
The Bipolar Teen: What You Can Do to Help Your Child
The Bipolar Child
His Bright Light

Anglada, Tracy
Fristad, Mary
Greenberg, Rosalie
Hornbacher, Marya
Jamison, Kay
Lederman, Judith
Miklowitz, David
Papolas, Demetri
Steele, Danielle

BORDERLINE PERSONALITY DISORDER

Get Me Out of Here: My Recovery From Borderline Personality Disorder

Reiland, Rachael

COMMUNICATION

If Your Child Stutters: A Guide for Parents

Stuttering Foundation

DEPRESSION

Raising a Moody Child*
Is Your Teen Stressed or Depressed
Lonely, Sad and Angry
Depressed Child: A Parents Guide to Rescuing Kids

Fristad, Mary
Hart, Archibald
Ingersoll, Barbara
Riley, Douglas

DIVORCE

The Truth About Divorce
Surviving Divorce: Teens Talk About What Hurts and What Helps
The Co-parenting Survival Guide: Letting Go of Conflict

Emery, Robert
Trueit, Trudi
Thayer, Elizabeth

DOWN SYNDROME

Fine Motor Skill in Children with Down Syndrome
Early Communication in Children with Down Syndrome
The Down Syndrome Nutrition Handbook
Gross Motor Skills in Children with Down Syndrome

Burni, Maryanne
Kumin, Libby
Meden, Joan
Winders, Patricia

EATING DISORDERS

The Eating Disorder Book
Helping Your Teenager Beat the Eating Disorder

Costin, Carolyn
Locke, James

EPILEPSY

Growing Up with Epilepsy: A Parents Guide
Straight Talk on Epilepsy: What Kids Need to Know
Seizures and Epilepsy in Childhood
Children with Seizures: A Guide for Parents

Blackburn, Lynn
Epilepsy Foundation
Freeman, John
Kutscher, Martin

EXECUTIVE FUNCTION

Smart But Scattered*

Dawson, Peg

FETAL ALCOHOL SYNDROME

Fetal Alcohol Syndrome: Guidelines for Referral and Diagnosis

CDC

LEARNING & COLLEGE

Transitional Skills for Post Secondary Success
Don't Tell Me What to Do, Just Send Money
Colleges for Students with Learning Disabilities and ADHD

Citro, Alissa
Johnson, Helen
Peterson's Guide

LEARNING DIFFERENCES

Smart But Scattered*
Organized Student
Reading by Colors
The Myth of Laziness
Learning Outside the Lines*

Dawson, Peg
Goldberg, Donna
Irlen, Helen
Levine, Mel
Mooney, Jonathan

MEDICATIONS

PDR
Straight Talk About Psychiatric Medication for Kids

Pocket Books
Wilens, Tim

NONVERBAL LEARNING DISORDER

Helping Children with Nonverbal Learning Disorder to Flourish
Nonverbal Learning Disabilities at Home
Nonverbal Learning Disorder: Understanding and Coping with NVLD and AS*

Martin, Marilyn
Tanguay, Pamela
Whitney, Rondalyn

OBSESSIVE COMPULSIVE DISORDER

Rewind, Replay, Repeat
Freeing Your Child from OCD
Kissing Doorknobs
Talking Back to OCD
What to Do When Your Child Has OCD

Bell, Jeff
Chansky, Tamar
Hessner, Terry
March, John
Wagner, Aureen

PARENTING

Myth of Maturity: What Teenagers Need from Parents to Become Adults
No More Bedwetting
Raising Resilient Children
Chicken Soup for the Parents Soul
SOS
When Your Kids Push Your Buttons
Kids, Parents, and Power Struggles
123 Magic

Apter, Terri
Arnold, Samuel
Brooks, Robert
Cranfield, Jack
Clark, Lynn
Harris, Bonnie
Kurcinka, Mary
Phelan, Thomas

PROFESSIONAL and EDUCATORS

Genetics and Genetic Services
The Promotion of Wellness in Children and Adolescents
Identifying Gifted Students
Helping Traumatized Children Learn*
A New Era: Revitalizing Special Education for Children and Their Families
Designing Services and Programs for High-Ability Learners

Eanet, Karen
Guilotta, Thomas
Johnson, Susan
MA Advocacy for Children
Presidents Commission
Purcell, Jeanne

SELP-INJURY

When Your Child is Cutting
Stopping the Pain: A Workbook for Teens Who Cut and Self Injure

McVey-Noble, Mary
Shapiro, Lawrence

SENSORY INTEGRATION

The Out of Sync Child
The Out of Sync Child Has Fun
Raising a Sensory Smart Child

Kranowitz, Carol
Kranowitz, Carol
Lindsey, Bell

SEX EDUCATION

Boys Guide to Becoming a Teen (Younger boys)
Making Sense of Sex: Guide to Puberty, Sex, & Relationships for People with
Autism and Asperger Syndrome*
Teaching Children with Down Syndrome About Bodies, Boundaries & Sexuality
On Your Mark Get Set Grow (Boys)
Ready Set Grow: What's Happening to My Body for Girls
The Care and Keeping of You: A Body Book for Girls

American Medical Assoc

Attwood, Sarah
Couwenhoven, Terri
Madaras, Lynda
Madaras, Lynda
Shaefer, Valerie

SEXUAL ORIENTATION

Always My Child: A Parent's Guide to Understanding a GLBTQ Son or Daughter
My Child is Gay

Jennings, Kevin
McDougall, Bryce

SIBLING ISSUES

Siblings with Autism*
View From Our Shoes: Growing Up with a Brother or Sister with Special Needs
Being the Other One

Harris, Sandra
Meyer, Donald
Strohm, Kate

SPECIAL NEEDS

In This Together: The Journey of a Mother and a Child
A Guide to Improving Sleep for Children with Special Needs
A Difference in the Family: Living with a Disabled Child
A Child with Special Needs
You Will Dream New Dreams: Inspiring Personal Stories by Parents
Nobody's Perfect: Living and Growing with Children Who Have Special Needs
Special Children, Challenged Parents
I Raise My Eyes to Say Yes
Breakthrough Parenting for Children with Special Needs

Atkinson, Dawn
Durand, Mark
Featherstone, Helen
Greenspan, Stanley
Klei, Stanley
Miller, Nancy
Naseef, Robert
Siendiewicz-Mercer
Winter, Judy

SPINA BIFIDA

Children with Spina Bifida

Lutkenhoff, Marlene

SUBSTANCE ABUSE

Dry
Addict in the Family
Addiction: Why Can't They Stop
Love First: A Family's Guide to Intervention
Beautiful Boy
Tweak
From Binge to Blackout
Smashed: Story of a Drunken Girlhood

Burroughs, Augusten
Conyers, Beverly
Hoffman, John/ HBO
Jay, Jeff
Sheff, David
Sheff, Nic
Volkman, Chris & Toren
Zailckas, Koren

TEEN PARENTING

Power Source Parenting

Casarkoam, Bethany

TRANSITION

Preparing for Life: Guide to Transitioning to Adulthood for Those with Autism
and Asperger Syndrome*
The Road Forward: A DMR Guide for Transition Planning

Baker, Jed
DMR

TRAUMA

When Your Child Has Been Molested
Invisible Girls: The Truth about Sexual Abuse
Children Who See Too Much
I Don't Want to Go to Justin's House Anymore (Children's book)
Trauma Through a Child's Eyes
Helping Traumatized Children Learn*
The Boy Who Was Raised as a Dog

Brohl, Kathryn
Feuereisen, Patti
Groves, Betty
Klassen, Heather
Levine, Peter
MA Advocacy for Children
Perry, Bruce

VISUAL IMPAIRMENT

Do You Remember the Color Blue? And Other Questions Kids Ask about Blindness
A Singular View: The Art of Seeing with One Eye
Your Eyes
Macular Degeneration
Seeing Without Glasses
The Little Eye Book; A Pupils Guide to Understanding Ophthalmology

Alexander, Sally
Brady, Frank
Collins, James
D'Amato, Robert
Kaplan, Robert-Michael
Ledford, Janice

Get a Wiggle On: A Guide for Helping Visually Impaired Children Grow
Teaching Every Student in the Digital Age

Raynor, Sherry
Rose, David

VIDEOS & DVDS

Addiction: HBO Series

Drugs: True Stories

On the Spectrum

Dreams Spoken Here: A Documentary about Deaf Children

Sensory Processing For Parents

Special Needs Kids

DVD

DVD

Video

Video

Video

Video

* Book is listed under more than one topic.