

SOAR

SOAR is a specially designed transition program for students with Asperger's Syndrome, anxiety disorders and related diagnoses.



The goal of SOAR is to assist students in transition to college and the world of work and to support students in becoming confident contributing members

of society.

The SOAR Program is located on the campus of Salem State University. Students will experience the benefits of campus life while learning life and career skills such as travel training, organization, study skills, and social functioning.



The program is geared toward students 18-22 years of age who are motivated to prepare for the next level of independence on a college campus or in the work force.

PROGRAM COMPONENTS

- Life skills (contact with parents, student, and school)
- Curriculum (self awareness, self-disclosure, self advocacy)
- Time management
- Physical education (self-calming, self-regulation, yoga)
- Study skills (test preparation)
- Class etiquette (how to speak with different levels/relationships, etc.)
- Group skills
- Negotiating (compromising skills teaching brain function, language)
- Transportation
- Leisure (drugs, alcohol, sex, social networking)
- Social skills (dating, roommates, hygiene)
- Vocational

REFERRAL PROCESS

Please send a referral package including:

- Currents IEP
- Recent testing
- Other pertinent information

TO:

SOAR Program
Ellen Heald
Program Director

Enterprise Center @SSU
121 Loring Avenue
Salem, MA 01970

For more information call or email

Ellen Heald at:

978.476.2866 (cell)
978.408.6195
Email: ehald@nsedu.org

For more information about Northshore Education Consortium, please contact:

Francine Rosenberg, Executive Director
Northshore Education Consortium
112 Sohier Road, Beverly, MA 01915
Phone: 978.232.9755 ext. 1253
Fax: 978.232.9449
Email: frosenberg@nsedu.org
Website: www.nsedu.org



In an ideal world the scientist should find a method to prevent the most severe forms of autism, but allow the milder forms to survive. After all, the really social people did not invent the first stone spear. It was probably invented by an Aspie who chipped away rocks while the other people socialized around the campfire. Without autism traits we might still be living in caves.

Temple Grandin



Northshore Education

Consortium

The Northshore Education Consortium supports its eighteen member districts by providing high quality, cost effective public programs support services and resources to ensure meaningful and successful learning experience for a wide spectrum of students and staff. The Consortium will be a leader in influencing the development of public policy and building coalitions between and among districts in the Commonwealth and solving the challenges faced.

Northshore Education Consortium

112 Sohier Road

Beverly, Massachusetts 01915

Phone: 978.232.9755

www.nsedu.org

SOAR P_{rogram}



On the Campus of Salem State University

A Program of



NORTHSHORE
EDUCATION
CONSORTIUM